

Week: May 24–29, 2015

Developing an Excellent Spirit – Part Two

Welcome & Opening Prayer

Memory Verse

“For as he thinketh in his heart, so is he...”
Proverbs 23:7

Discussion

Our thoughts first initiate in the mind but has a desired ending point of the heart. Whatever thought you give attention to will begin to plant a seed whether good or bad. Your deepest and truest intentions come from the place of your heart. Without the acceptance of a thought, it will die in the realm of the imagination. The intention of every thought is to live and become a reality through actions. Every thought that comes to your mind is not always yours nor do you have to accept it. I Corinthians 10:5 instruct us to “cast down imaginations... that exalt themselves.”

Notice the memory verse and how a person will become what thoughts they allow to live in their heart. It is through continual meditation of a particular thought that begins to shape the character and integrity of an individual. This is why it is so important for believers to spend time in the Word, because it shapes our spirit to respond like Christ. Brian Houston made a very powerful statement, “if your spirit is not right, it is revealed in what you do because we ‘leak’ our spirit.” When you leave a place, what did you leave behind in the atmosphere?

Hebrews 12:9-11

1. Why is the correction of the Lord necessary? Share a time when the Lord had to bring correction in your life and how it caused you to grow.

I Corinthians 9:27

2. List 5 spiritual and 5 natural ways that we can bring our flesh into order.

Proverbs 16:5

3. We must maintain a spirit of humility. Why is pride so dangerous? What are some ways to remove pride from your life?

Personal Application

Who do I introduce people to when they come in contact with me... the God in me or the unruly flesh? God can only use me to the point that my character is reflective of Him. Ask God to show you the hidden places of your heart. Locate a scripture that challenges your flesh and will cause you to grow in God. Meditate the Word and create boundaries for your mouth, eyes, ears and heart.

Closing Corporate Prayer & Announcements